

Energy Cords



Ellen Kohn has a diverse background in energy healing and spirit-to-spirit communication. She is a Reiki Master Teacher, Meridian Practitioner and Healing Touch for Animals Practitioner. She has been communicating with animals since childhood. She is a Spiritual Counselor, using psychic tools to read past lives and the seven layers of the aura. She is a certified aromatherapist, works with flower and crystal essences and is a medium and spiritual dowser using pendulums and dowsing wands in her work. Learn more about Ellen at enlightenedanimals.com

Your vibrational energy fields receive and emit energy back and forth between you and your dog. This resonance or energetic exchange may create beautiful, etheric cords that attach from your aura to your dog's, usually at a specific chakra point. Although you're finally connected physically, emotionally and mentally, these invisible bonds have profound effects on your relationship with your dog, bringing your partnerships into a spiritual perspective.

Cords may develop in your energy fields, whether your relationship with your dog is easy or challenging. You might feel a drawing and unique closeness with a particular dog, kind of like a magnetic pull. Sometimes the love you feel seems extra powerful and strong. Other times you feel you and your dog have a tight bond with one another and can read each other's minds. And beyond that, sometimes you know your dog in spirit is still here on Earth walking with you in this present moment.


CORDS HELP IN OUR LIVES

Cords are particularly important because they affect how we feel about our dog and our shared life together. Recognizing that you and your dog are corded can help you detach from the highly charged emotions you might be putting on or assist with a particular training lesson or even release a dog that no longer serves either one of you.

Once you recognize the power carried in the energy cords, you can assess whether it's useful or not. Cutting old or impractical cords can be a freeing experience, creating new pathways of joy and happiness with your dog.

CHAKRA CONNECTIONS

Energetic strands attach to the chakra where the strongest connection develops between you and your dog, firmly linking



Energy cords have a physical, emotional and mental connection with our dogs, creating a profound effect on our relationships.

into the chakra entry point in the body. For example, you choose a large breed like a German Shepherd because you want more protection in your life. A cord may form around your root chakra – your survival space. The two of you have a soul understanding, or contract, that your dog's role or job in this lifetime with you is to guard and protect you, and she'll probably take it very seriously.

Alternatively, you're drawn to a joyful, goofy puppy from the local shelter. This lighthearted pup is all about play, spontaneity and living in the moment. Your puppy's job may be to bring more creativity into your life, forming a strong cord to your throat chakra, your communication and creativity space.

A third dog calls to your heart. You instantly fall in love with him and it's reciprocal. You and this dog are connected at the heart chakra, the space of unconditional love. For many, this is a familiar, strong feeling – one you recognize immediately. This love connection is one of your most impressive cords with your dog.

FUNCTION OF ENERGY CORDS

Energy cords can be valuable in helping you read your dog's moods, needs and desires. Even if you're unaware of the vibrational power that moves back and forth between the two of you, you still sense when your dog's not right. For the most part, energetic cords are useful tools because they send signals to help you assess your dog's health, emotional and mental states.

A dog you're strongly corded to may also react strongly to your health and wellbeing. When guide dogs are trained, they're very closely matched with the person they'll be working with.

People with serious health issues rely on their service dogs to detect the presence of a heart attack, stroke, handicap and other serious health-related traumas. These are important types of cords that serve a purpose in human-canine relationships.

ENERGY CORDS ARE BEAUTIFUL RAYS OF LIGHT SERVING AS UNSEEN COMMUNICATION PATHWAYS BETWEEN YOU AND YOUR DOG.

A TWO-WAY BOND

On the positive side, energy cords create a two-way bond of everlasting love and devotion seamlessly blending your human-canine energies into one. Challenges are worked out effortlessly; you have a natural ebb and flow together.

Positive cords with these dogs help us work through any issues, teaching us that consistency and persistence will succeed if you're patient in your training approach and understanding. You and your dog are co-creators of your life together.

On the negative side, energetic cords that are not released can get in the way of a new relationship. Your attachment to one dog may inhibit an emergent relationship with a new puppy. Perhaps the new pup presents you with a different lesson, one that makes you feel uncomfortable or inexperienced in dealing with it.

Or you have such high standards with your other dog that the new puppy hasn't a chance of pleasing you. This may lead to frustration and unhappiness on both parts.

SNAP

SMART NUTRITIONAL ADVICE FOR PETS

A BRAND NEW APP DESIGNED BY PET NUTRITION EXPERT MEG SMART DVM PHD

Keep a lifetime record of your pet's health and nutrition!



Get it on **iTunes**
<http://apple.co/2dtVzXh>

GET IT ON **Google Play**
<http://bit.ly/2daoMdp>

WHEN CORDS LAST BEYOND LIFE

It's natural to grieve when your dog dies because she leaves a huge physical and emotional void in your life. You still feel her presence around you, sensing her love and guidance. Sometimes the energetic cord remains intact after death, blocking the way for a new relationship to develop. Then it may be time to release the old cord, freeing up space in both energy fields.

HOW TO RELEASE ENERGETIC CORDS

Releasing energetic cords is a delicate and sensitive process, one that requires stillness and mindfulness.

First, sit quietly and observe your reaction to your thoughts and emotions about your dog. Does your body get all tense or tight when you think about your relationship? Do your memories pervade your thoughts making it difficult to enjoy your day? Do you resent your new puppy because you loved your previous dog more? If so, your new pup will quite possibly intuit your tense emotions and detach himself from you.

Second, bring your conscious awareness to those feelings. Say an affirmation such as, "I'm still attached to Daisy and would like to release the cord that connects us." Asking to let the cord go helps shift it from a static to a moveable position. Acknowledge that you miss her and still feel her presence. You're not trying to remove the memories, but to open the pathways for a new relationship to emerge.

Third, observe. Watch closely for signs that the universe is paying attention. Perhaps you'll meet a dog trainer who specializes in a challenging area of training with your new pup. Maybe you'll meet your spirit dog in a dream and she'll bring you a message ... and give you permission to love your new dog unconditionally.

Fourth, ask for any help from divine energy, your angels, guides or personal spiritual connections. "Dear Spirit Guides, I call upon you to help me heal, let go and cut any etheric cords that are no longer serving my higher purpose. I ask that all cords attached to me that are not aligned with love, light and positive attention be released. Help me to release them and surround me with a healing light to protect me from future attachments. Thank you."

Removing the cord recalibrates your energy field, adding freshness to your new relationship and giving it a chance to succeed.

Energy cords are beautiful rays of light serving as unseen communication pathways between you and your dog. Almost magnetic, the cords have a life of their own yet they feel like two parts of the whole: yin and yang. Messengers of the spiritual realm, cords can have a positive and negative charge depending on the lesson they carry. When these strong attachments last beyond life, cords may be released when they lose their effectiveness. The indelible imprint your dog leaves on your heart is forever.

Whether new or old, cords help you grow spiritually, bringing harmony into your life with your beloved dog. 🌿